Frozen Peanutty Banana Pops

Pillsbury Bake-Off 45th Contest 100 Winning Recipes

Servings: 8 Preparation Time: 10 minutes Freezing Time: 2 hours

1 1/2 cups reduced fat milk 1 package (4 serving size) sugar free OR regular instant vanilla pudding 1/2 cup Simply Jif creamy peanut butter 1 medium ripe banana, mashed 1/2 teaspoon vanilla extract

In a medium bowl with an electric mixer at medium speed, blend the milk and pudding mix until smooth, about 1 minute.

Add the peanut butter, banana and vanilla. Mix well.

Spoon the peanut butter mixture into eight plastic ice-pop molds or eight (5-ounce) wax-coated paper cups. If using paper cups, insert a wooden craft stick into the center of each cup.

Freeze until firm, about 2 hours.

Per Serving (excluding unknown items): 1 Calories; 0g Fat (0.0% calories from fat); 0g Protein; trace Carbohydrate; 0g Dietary Fiber; 0mg Cholesterol; 0mg Sodium. Exchanges: .