

Joettas Crabmeat Dip

Mrs Donald b Reibel

St Timothy's - Hale Schools - Raleigh, NC - 1976

*1 package (8 ounce) cream
cheese, softened
1 can crabmeat
Worcestershire sauce
1/2 cup Miracle Whip®
onion salt
1/4 cup toasted slivered
almonds*

Preheat the oven to 350 degrees.

In a small casserole dish, soften the cream cheese and blend in the Miracle Whip and seasonings to taste.

Add the crabmeat. Mix in some almonds. Sprinkle the balance over the top.

Place the casserole into the oven until bubbly.

Serve with crackers or Triscuits.

Per Serving (excluding unknown items): 1701 Calories; 157g Fat (81.6% calories from fat); 49g Protein; 30g Carbohydrate; 4g Dietary Fiber; 400mg Cholesterol; 1845mg Sodium. Exchanges: 1/2 Grain(Starch); 6 1/2 Lean Meat; 29 Fat; 1 Other Carbohydrates.