
Grape Soda Sherbet

Food Network Kitchen

Food Network Magazine - July/August 2021

2 cups grape soda

1/2 cup sweetened condensed milk

1/2 cup heavy cream

In a bowl, whisk together the grape soda, condensed milk and heavy cream.

Place the mixture in an ice cream mixer. Churn the mixture until it is the consistency of soft serve ice cream.

Transfer the ice cream to a container.

Freeze until firm.

Dessert

Per Serving (excluding unknown items): 1114 Calories; 57g Fat (45.2% calories from fat); 15g Protein; 142g Carbohydrate; 0g Dietary Fiber; 215mg Cholesterol; 313mg Sodium. Exchanges: 1/2 Non-Fat Milk; 11 1/2 Fat; 9 Other Carbohydrates.