

# Peanut Butter Pie II

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## Servings: 10

*8 ounces cream cheese, softened and cut into chunks*  
*1 1/2 cups powdered sugar*  
*1 cup creamy peanut butter*  
*1 cup chilled whipping cream*  
*1/2 teaspoon vanilla extract*  
*1 ready-made chocolate cookie crumb piecrust*

Combine all of the ingredients, except the piecrust, in the bowl of a food processor. Blend until very smooth. (Alternatively, mix using an electric mixer on medium speed).

Fill the crust.

Place the pie in a freezer for at least two hours.

Per Serving (excluding unknown items): 150 Calories; 8g Fat (46.8% calories from fat); 2g Protein; 19g Carbohydrate; 0g Dietary Fiber; 25mg Cholesterol; 67mg Sodium. Exchanges: 0 Lean Meat; 1 1/2 Fat; 1 Other Carbohydrates.

## Desserts

### Per Serving Nutritional Analysis

Calories (kcal):	150
% Calories from Fat:	46.8%
% Calories from Carbohydrates:	48.7%
% Calories from Protein:	4.5%
Total Fat (g):	8g
Saturated Fat (g):	5g
Monounsaturated Fat (g):	2g
Polyunsaturated Fat (g):	trace
Cholesterol (mg):	25mg
Carbohydrate (g):	19g
Dietary Fiber (g):	0g
Protein (g):	2g
Sodium (mg):	67mg
Potassium (mg):	27mg
Calcium (mg):	18mg
Iron (mg):	trace

Vitamin B6 (mg):	trace
Vitamin B12 (mcg):	.1mcg
Thiamin B1 (mg):	trace
Riboflavin B2 (mg):	trace
Folacin (mcg):	3mcg
Niacin (mg):	trace
Caffeine (mg):	0mg
Alcohol (kcal):	1
% Refuse:	0.0%

### Food Exchanges

Grain (Starch):	0
Lean Meat:	0
Vegetable:	0
Fruit:	0
Non-Fat Milk:	0
Fat:	1 1/2

Zinc (mg): trace  
Vitamin C (mg): 0mg  
Vitamin A (i.u.): 324IU  
Vitamin A (r.e.): 97 1/2RE

Other Carbohydrates:

1

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## Nutrition Facts

Servings per Recipe: 10

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### Amount Per Serving

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<b>Calories</b>	150	Calories from Fat: 70
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### % Daily Values\*

<b>Total Fat</b>	8g	12%
Saturated Fat	5g	25%
<b>Cholesterol</b>	25mg	8%
<b>Sodium</b>	67mg	3%
<b>Total Carbohydrates</b>	19g	6%
Dietary Fiber	0g	0%
<b>Protein</b>	2g	

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<b>Vitamin A</b>	6%
<b>Vitamin C</b>	0%
<b>Calcium</b>	2%
<b>Iron</b>	2%

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\* Percent Daily Values are based on a 2000 calorie diet.