

---

# Microwave Chili con Queso Dip (Hot)

*Carole Graves Manos*

*Party Recipes from the Charleston Junior League - 1993*

Servings: 4

**1 cup Cheddar cheese, cubed**

**1 cup Monterey Jack hot pepper cheese, cubed**

**1/4 cup tomatoes, peeled, seeded and diced**

**2 tablespoons onion, diced**

Place all of the ingredients into a microwave-safe bowl.

Microwave on HIGH power for 1 minute.

Stir and microwave for 1 additional minute.

Serve immediately with tortilla chips.

## **Appetizers**

---

*Per Serving (excluding unknown items): 118 Calories; 9g Fat (71.4% calories from fat); 7g Protein; 1g Carbohydrate; trace Dietary Fiber; 30mg Cholesterol; 177mg Sodium. Exchanges: 1 Lean Meat; 0 Vegetable; 1 Fat.*