# Apple Granola Pie <br> Julie Miltenberger 

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## Servings: 8

1 refrigerated pie crust
FILLING
4 (about 2 pounds) Granny Smith
apples, peeled. cored and thinly sliced
1/2 cup golden raisins
$1 / 3$ cup +2 tablespoons granulated
sugar
2 tablespoons lemon juice
1/2 teaspoon ground cinnamon
2 tablespoons cornstarch
TOPPING
3/4 cup all-purpose flour
1/2 cup old-fashioned oats (not quick-cooking)
1/4 cup packed light brown sugar
1/4 teaspoon ground cinnamon
pinch salt
7 tablespoons cold unsalted butter, cut into small pieces
1/4 cup sliced almonds

## Preparation Time: 25 minutes

## Bake: 50 minutes

Preheat the oven to 400 degrees.
Unroll the crust and fit into a standard nine-inch pie plate. Flute the edge as desired and refrigerate while preparing the filling and topping.

For the filling: In a large bowl, combine the apples, golden raisins, $1 / 3$ cup of the granulated sugar, the lemon juice and ground cinnamon. Toss to coat and let stand for 10 minutes.

For the topping: In a medium bowl, whisk together the flour, oats, brown sugar, cinnamon and salt. Cut the butter into the mixture with a pastry cutter or rub between your fingers until crumbly. Stir in the sliced almonds.

In a small bowl, combine the remaining two tablespoons of granulated sugar and the cornstarch. Sprinkle over the apple mixture and toss to combine. Pour the mixture into the crust, mounding slightly in the center. Cover with topping and transfer to the oven.

Bake for 25 minutes. Cover the pie with foil, reduce the oven temperature to 325 degrees and continue baking for 20 to 25 minutes, until the apples can be easily pierced with a small knife.

Cool at least 30 minutes before slicing.

Per Serving (excluding unknown items): 407 Calories; 20g Fat (42.5\% calories from fat); 4 g Protein; 56g Carbohydrate; 2g Dietary Fiber; 32mg Cholesterol; 108mg Sodium. Exchanges: 1 1/2 Grain(Starch); 0 Lean Meat; 1 Fruit; 4 Fat; 1 Other Carbohydrates.

## Desserts

| Calories (kcal): | 407 | Vitamin $\mathbf{B 6}$ (mg): | . 1 mg |
| :---: | :---: | :---: | :---: |
| \% Calories from Fat: | 42.5\% | Vitamin B12 (mcg): | trace |
| \% Calories from Carbohydrates: | 53.9\% | Thiamin B1 (mg): | . 1 mg |
| \% Calories from Protein: | 3.7\% | Riboflavin $\mathbf{B 2}$ (mg): | . 1 mg |
| Total Fat (g): | 20 g | Folacin (mcg): | 22 mcg |
| Saturated Fat (g): | 10 g | Niacin (mg): | 1 mg |
| Monounsaturated Fat (g): | 4 g | Caffeine (mg): | Omg |
| Polyunsaturated Fat (g): | 1 g | \% Dafica. | ก $0 \%$ |
| Cholesterol (mg): | 32 mg |  |  |
| Carbohydrate (g): | 56 g | Food Exchange |  |
| Dietary Fiber (g): | 2 g | Grain (Starch): | 1 1/2 |
| Protein (g): | 4 g | Lean Meat: | 0 |
| Sodium (mg): | 108 mg | Vegetable: | 0 |
| Potassium (mg): | 239 mg | Fruit: | 1 |
| Calcium (mg): | 33 mg | Non-Fat Milk: | 0 |
| Iron (mg): | 1 mg | Fat: | 4 |
| Zinc (mg): | trace | Other Carbohydrates: | 1 |
| Vitamin C (mg): | 5 mg |  |  |
| Vitamin A (i.u.): | 415IU |  |  |
| Vitamin A (r.e.): | 97RE |  |  |

## Nutrition Facts

Servings per Recipe: 8
Amount Per Serving

| Calories 407 |  | Calories from Fat: 173 |
| :---: | :---: | :---: |
|  |  | \% Daily Values* |
| Total Fat 20 g |  | 30\% |
| Saturated Fat 10 g |  | 48\% |
| Cholesterol 32mg |  | 11\% |
| Sodium 108mg |  | 4\% |
| Total Carbohydrates | 56g | 19\% |
| Dietary Fiber 2g |  | 10\% |
| Protein 4g |  |  |
| Vitamin A |  | 8\% |
| Vitamin C |  | 8\% |
| Calcium |  | 3\% |
| Iron |  | 7\% |

[^0]
[^0]:    * Percent Daily Values are based on a 2000 calorie diet.

