Fresh Blueberry Pie

Better Homes and Gardens Garden Fresh Recipes - July 2011

Servings: 8 Preparation Time: 40 minutes

Bake Time: 13 minutes

1 9-inch Lemon Pie Shell (see recipe) or refrigerated pie shell
1/2 cup sugar
3 tablespoons cornstarch
1/4 teaspoon salt
1/3 cup water
2 tablespoons lemon juice
6 cups fresh blueberries
1 tablespoon butter
vanilla ice ream (optional)

Prepare Lemon Pie Shell, if using, or obtain one refrigerated pie cruist. Place crust in a 9-inch pie plate. Set aside.

In a large saucepan, combine the sugar, cornstarch and salt.

Add the water and lemon juice.

Add 2 1/2 cups of the blueberries and toss lightly to coat.

Cook and stir over medium heat until bubbly.

Cook and stir for 2 minutes more (mixture will be thick).

Remove from heat and stir in the butter. Cool.

Add the remaining 3 1/2 cups of blueberries to the cooled filling, stirring gently.

Turn the filling into the prepared pie shell.

Cover and chill for at least 2 hours before serving.

Serve with vanilla ice cream, if desired.

Per Serving (excluding unknown items): 134 Calories; 2g Fat (11.6% calories from fat); 1g Protein; 31g Carbohydrate; 3g Dietary Fiber; 4mg Cholesterol; 89mg Sodium. Exchanges: 0 Grain(Starch); 1 Fruit; 1/2 Fat; 1 Other Carbohydrates.