

Quick Clam Dip

Rae Fenton

Silverdale Chamber Of Commerce Favorite Recipes - 1991

*1 cup ground clams, cooked
and drained*

*1 package dried onion soup
mix*

1 pint sour cream

1 tablespoon ketchup

In a bowl, mix all of the ingredients thoroughly.

Let sit for one hour to allow the flavors to blend.

Per Serving (excluding unknown items): 1001 Calories; 96g Fat (84.9% calories from fat); 15g Protein; 24g Carbohydrate; trace Dietary Fiber; 204mg Cholesterol; 423mg Sodium. Exchanges: 1 1/2 Non-Fat Milk; 19 1/2 Fat; 1/2 Other Carbohydrates.