

# Chocolate Pudding

*Canadian Mennonite Cookbook - 1974  
D. W. Friesen & Sons Ltd.*

*1 cup flour  
pinch salt  
1 teaspoon baking powder  
1 egg, beaten lightly  
2 tablespoons sugar  
2 tablespoons butter,  
melted  
1/2 cup milk  
1 1/2 squares chocolate,  
melted*

In a bowl, mix all of the ingredients.

Add some flour.

Grease a baking dish. Transfer the mixture to the baking dish.

Steam the dish for one hour.

Serve with a sauce or whipped cream.

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Per Serving (excluding unknown items): 1121 Calories; 48g Fat (37.7% calories from fat); 25g Protein; 153g Carbohydrate; 6g Dietary Fiber; 291mg Cholesterol; 861mg Sodium. Exchanges: 6 1/2 Grain(Starch); 1 Lean Meat; 1/2 Non-Fat Milk; 8 1/2 Fat; 3 1/2 Other Carbohydrates.