

Heavenly Hash Frozen Dessert

Kathy Simmons

Favorite Recipes - Sacred Heart School - Easthampton, MA (1984)

Servings: 6

*1/4 pound (approx. 16)
marshmallows*

1 cup milk

*1 cup almonds, blanched
and chopped*

1 cup walnuts, chopped

1 cup maraschino cherries

*1 cup heavy cream,
whipped*

In a saucepan, dissolve the marshmallows in milk over hot water. Cool.

Add the nuts and cherries. Fold in the whipped cream.

Freeze to a mush in a refrigerator tray.

Beat well and freeze until firm.

Per Serving (excluding unknown items): 477 Calories; 40g Fat (72.1% calories from fat); 12g Protein; 23g Carbohydrate; 4g Dietary Fiber; 60mg Cholesterol; 58mg Sodium. Exchanges: 1 Grain(Starch); 1 Lean Meat; 1 Non-Fat Milk; 7 1/2 Fat; 1 Other Carbohydrates.