Winter Wishes Trifle

Susan Stetzel - Gainesville NY Taste of Home Magazine

Servings: 12

1 (eight to ten ounce) prepared angel food cake

4 ounces white baking chocolate 4 cups heavy whipping cream, divided 1/2 teaspoon peppermint extract

12 peppermint candies, crushed

Preparation Time: 20 minutes

Place mixer beaters in a large metal bowl. Refrigerate for 30 minutes.

Cut or tear the cake into bite-sized pieces. Set aside.

Break the white chocolate into smaller pieces. Microwave at 70% power, stirring after 45 seconds. Microwave until the white chocolate is melted, about 30 minutes more. Stir until smooth. Let stand for 5 minutes. Stir 1/4 cup of heavy cream into the white chocolate until smooth.

In the chilled bowl, beat the remaining heavy cream until soft peaks form. Gently fold two-thirds of the whipped cream into the white chocolate. Stir the extract into the remaining whipped cream.

In a trifle bowl, layer the cake and white chocolate mixture, repeating the layers. Top with peppermint-flavored whipped cream.

Refrigerate, covered, until serving. Sprinkle with crushed candies.

Per Serving (excluding unknown items): 274 Calories; 29g Fat (94.5% calories from fat); 2g Protein; 2g Carbohydrate; 0g Dietary Fiber; 109mg Cholesterol; 30mg Sodium. Exchanges: 0 Non-Fat Milk: 6 Fat.