

Amish Casserole

Lucille Beck

The Pennsylvania State Grange Cookbook (1992)

Servings: 6

*1 pound ground beef
2 cups cooked medium
noodles
1 cup sharp Cheddar
cheese, shredded
1 can (10 ounce) cream of
chicken soup
1/2 cup sharp Cheddar
cheese, shredded
2 cups canned tomatoes*

Preheat the oven to 350 degrees.

In a skillet, brown the beef, stirring until crumbled. Drain.

In a three-quart casserole dish, layer the ground beef, cooked noodles, one cup of cheese, the soup, 1/2-cup of cheese and the tomatoes.

Bake for 40 minutes.

Per Serving (excluding unknown items): 383 Calories; 31g Fat (72.4% calories from fat); 21g Protein; 5g Carbohydrate; 1g Dietary Fiber; 96mg Cholesterol; 511mg Sodium. Exchanges: 0 Grain(Starch); 3 Lean Meat; 1/2 Vegetable; 4 1/2 Fat.