

# Firecracker Casserole

*Teressa Eastman - El Dorado, KS  
Taste of Home Recipe Book 2015*

## Servings: 8

*2 pounds ground beef  
1 medium onion, chopped  
1 can (15 ounce) black beans,  
rinsed and drained  
1 to 2 tablespoons chili powder  
2 to 3 teaspoons ground cumin  
1/2 teaspoon salt  
4 (6 inch) flour tortillas  
1 can (10-3/4 ounce)  
condensed cream of mushroom  
soup, undiluted  
1 can (10 ounce) diced  
tomatoes and green chilies,  
undrained  
1 cup (4 ounce) shredded  
Cheddar cheese*

## Preparation Time: 15 minutes

## Bake Time: 25 minutes

Preheat the oven to 350 degrees.

In a large skillet, cook the beef and onion until the meat is no longer pink. Drain. Add the beans, chili powder, cumin and salt.

Transfer to a greased 13x9-inch baking dish. Arrange the tortillas over the top.

In a bowl, combine the soup and tomatoes. Pour over the tortillas. Sprinkle with cheese.

Bake, uncovered, for 25 to 30 minutes or until heated through.

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Per Serving (excluding unknown items):

661 Calories; 41g Fat (56.1% calories from fat); 32g Protein; 41g Carbohydrate; 6g Dietary Fiber; 112mg Cholesterol; 793mg Sodium.  
Exchanges: 2 1/2 Grain(Starch); 3 1/2 Lean Meat; 0 Vegetable; 6 1/2 Fat.

