

Hamburger Casserole II

Mrs Donald B Reidel

St Timothy's - Hale Schools - Raleigh, NC - 1976

*1 1/2 pounds ground beef
1 can tomato soup
1/2 onion, chopped
1 can French style green
beans
1 package instant potatoes
salt
pepper*

Preheat the oven to 350 degrees.

In a skillet, saute' the onion in a little butter. Add the hamburger. Lightly brown the meat and then add the tomato soup. Stir .

Pour the mixture into a deep casserole dish. Top with the green beans. Salt and pepper the green beans.

Prepare the mashed potatoes according to package directions. Place the potatoes on top of the green beans. Salt and pepper the potatoes. Dot the top of the potatoes with chunks of butter.

Bake until the potatoes are lightly browned and the butter melts.

(This dish may be prepared early in the day and heated in the evening for approximately 45 minutes.)

Per Serving (excluding unknown items): 2217 Calories; 183g Fat (75.0% calories from fat); 116g Protein; 21g Carbohydrate; 1g Dietary Fiber; 579mg Cholesterol; 1160mg Sodium. Exchanges: 1/2 Grain(Starch); 16 1/2 Lean Meat; 1 Vegetable; 27 1/2 Fat.