## **Tangy Tortilla**

Dianne Paulsen - Dayton's Grand Forks 1993 United Way Cookbook Committee - Dayton's, Marshall Field and Hudson's Stores

## Servings: 6

1 1/2 pounds ground round 1 medium onion, chopped 1 can (16 ounce) tomatoes, chopped

1 can (10 ounce) enchilada sauce

2 cans (1/4 ounce ea) sliced ripe olives, drained
1 can (4 ounce) chopped chilies, drained
1/4 teaspoon garlic powder
1/8 teaspoon pepper
1/4 cup picante sauce
1 egg
1 cup lowfat cottage cheese

1 cup lowfat cottage cheese or Ricotta cheese 8 ounces shredded Monterey Jack cheese 8 ounces shredded cheddar cheese

1 package lightly salted tortilla chips

Preheat the oven to 350 degrees.

In a large skillet, brown the ground beef and onion. Drain. Stir in the tomatoes, enchilada sauce, olives, chilies, garlic powder, pepper and picante sauce. Simmer for 20 minutes.

In a small bowl, conbine the egg with the cottage cheese.

In a shallow three-quart casserole dish, layer one-third of the sauce, one-third of the egg-cheese mixture, one-third of the Monterey Jack cheese, one-third of the cheddar cheese and the chips. Repeat the layers twice more. Crumble the chips on top.

Bake uncovered for about 20 minutes.

Serve with extra chips.

Per Serving (excluding unknown items): 633 Calories; 49g Fat (69.4% calories from fat); 42c Protein; 6g Carbohydrate; 1g Dietary Fiber; 199mg Choles 649mg Sodium. Exchanges: Grain(Starch); 6 Lean Meat; Vegetable; 6 Fat.