

Hamburger Stroganoff

Cookbook Committee

St Timothy's - Hale Schools - Raleigh, NC - 1976 Linda Taylor

Servings: 4

*1 pound ground beef
2 tablespoons butter
cooked noodles
1 cup sour cream
1/2 cup chopped onion
1/2 teaspoon paprika
1 can (10-1/2 ounce)
condensed Golden
Mushroom soup*

In a skillet, brown the beef. Cook the onion in butter until tender. Stir to separate the meat.

Add the soup, sour cream and seasoning.

Simmer about 5 minutes.

Serve over hot noodles.

Per Serving (excluding unknown items): 534 Calories; 48g Fat (81.0% calories from fat); 21g Protein; 4g Carbohydrate; trace Dietary Fiber; 138mg Cholesterol; 167mg Sodium. Exchanges: 0 Grain(Starch); 2 1/2 Lean Meat; 1/2 Vegetable; 0 Non-Fat Milk; 8 Fat.