

# Picadiea

*Jewell Wood*

*Local 1155 Women's Committee Cookbook, Alabama*

*1 1/2 pounds ground beef  
1 small onion, chopped  
garlic salt (to taste)  
salt (to taste)  
pepper (to taste)  
1 cup green olives  
small can mushrooms  
2 large cans tomato sauce  
2 cans water  
2 bags Success rice*

In a skillet, brown the ground beef. Drain. Add the onions, garlic salt, salt and pepper. Stir in the tomato sauce and water. Simmer for 20 minutes.

Add the green olives and mushrooms. Simmer for 15 minutes.

Serve over rice.

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Per Serving (excluding unknown items): 2456 Calories; 196g Fat (71.6% calories from fat); 122g Protein; 53g Carbohydrate; 13g Dietary Fiber; 579mg Cholesterol; 4625mg Sodium. Exchanges: 16 1/2 Lean Meat; 7 1/2 Vegetable; 1/2 Fruit; 30 Fat.