## How to Interpret Can Size Numbers



## Ihat to Do if Your Recipe Calls for a Number 2,3or Other Can Size

rinter-friendly PDF copy (documents/can-sizes.pdf) uestions or comments? Email Alice Henneman,
'avascript:location.href='mailto:''String.fromCharCode(97,104,101,110,110,101,109,97,110,49,64,117,110,108,46,101,100,117, IS, RDN, Nebraska Extension in Lancaster County
ome favorite older recipes may call for can sizes such as a Number 2 or a Number 303 can. Here's a chart to help you etermine how these correspond to current can measurements.

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## Can Size Number

Approximate Volume of Food

Approximate
Weight of Food

CAN SIZE APPROXIMATIONS

| No. 300 | $13 / 4$ cups | 14 to 16 ounces |
| :---: | :---: | :---: |
| No. 303 | 2 cups | 16 to 17 ounces |
| No. 2 | $21 / 2$ cups | 20 ounces |
| No. $21 / 2$ | $31 / 2$ cups | 27 to 29 ounces |
| No. 3 | $53 / 4$ cups | 51 ounces |
| No. 10 | 3 quarts | $61 / 2$ pounds to |


[^0]:    CAN SIZE APPROXIMATIONS

