

Noodle Nosh

CommunityTable.com - Relish Magazine

Servings: 8

1 pound pasta

low-sodium vegetable broth

TOPPINGS

cooked sliced sausage

shredded rotisserie chicken

sliced hard-boiled eggs

steamed vegetables

sliced jalapenos

soy sauce

sriracha sauce

Place the pasta in a slow cooker.

Fill the slow cooker with vegetable broth until the noodles are just covered.

Cook on HIGH for about one hour or until the noodles are tender. Drain the noodles.

Return the noodles to the slow cooker. Set the slow cooker on WARM while serving.

Place your choice of toppings on the table so that individual portions can be customized to taste.

Per Serving (excluding unknown items): 211 Calories; 1g Fat (3.9% calories from fat); 7g Protein; 42g Carbohydrate; 1g Dietary Fiber; 0mg Cholesterol; 4mg Sodium. Exchanges: 3 Grain(Starch).