Shrimp Linguine

Gavin Bruce - Peekskill, NY Windsor Vineyards, Windsor CA

Servings: 4

pound shrimp, shelled, deveined and boiled
red bell peppers, sliced
yellow or green bell pepper, sliced
large yellow onion, chopped
cloves garlic, chopped
tablespoons olive oil
cup Johannisberg Riesling
package dried linguine

Saute' the sliced bell peppers, onion and garlic in olive oil, adding half of the wine as they simmer.

Add the pre-cooked shrimp and more wine as the mixture cooks down.

Boil the linguine until al dente and top with the shrimp-onion-pepper mixture.

Pasta

Per Serving (excluding unknown items): 211 Calories; 9g Fat (38.2% calories from fat); 24g Protein; 8g Carbohydrate; 2g Dietary Fiber; 173mg Cholesterol; 171mg Sodium. Exchanges: 3 Lean Meat; 1 Vegetable; 1 1/2 Fat.