

Pork

Easy Ham Supper

Riverside Bank (Georgia) Cookbook

Servings: 4

1 can (8 oz) corn

1 can (15 oz) green beans

1 can cream of chicken soup

1/2 cup sour cream

1 1/2 cups cooked ham, cubed

1 cup cheese, shredded

Preheat oven to 350 degrees.

Combine corn, green beans, chicken soup, sour cream and cooked ham. Pour into 9x13-in baking dish.

Bake in oven for 30 minutes.

Sprinkle cheese on top. Return to oven for 5-10 minutes or until cheese is melted.

Per Serving (excluding unknown items): 203 Calories; 13g Fat (59.2% calories from fat); 11g Protein; 9g Carbohydrate; 1g Dietary Fiber; 44mg Cholesterol; 932mg Sodium. Exchanges: 1/2 Grain(Starch); 1 1/2 Lean Meat; 0 Vegetable; 0 Non-Fat Milk; 2 Fat.