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# Corn Sausage Casserole

*Home Cookin - Junior League of Wichita Falls, TX - 1976*

Servings: 6

**1 pound cooked sausage**

**4 eggs, beaten**

**2 1/2 cups creamed corn**

**1 cup bread crumbs**

**1 teaspoon salt**

**1/8 teaspoon pepper**

**1/4 to 1/2 cup ketchup**

In a bowl, mix the sausage, eggs, corn, bread crumbs, salt and pepper. Mix well.

Pour the mixture into a greased 10x6x2-inch casserole dish.

Bake at 350 degrees for 30 minutes.

Spread the ketchup over the top of the casserole.

Bake an additional 10 minutes.

## **Pork**

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*Per Serving (excluding unknown items): 198 Calories; 5g Fat (20.5% calories from fat); 8g Protein; 33g Carbohydrate; 2g Dietary Fiber; 141mg Cholesterol; 869mg Sodium. Exchanges: 2 Grain(Starch); 1/2 Lean Meat; 1/2 Fat; 0 Other Carbohydrates.*