

Sausage and Rice Casserole

Judy deVries

Apple Pie and Sisterhood; Favorite Recipes From Tri Kappa

*1 pound bulk sausage
1 cup uncooked rice
1/2 cup celery, diced
1/4 cup onion, chopped
1/2 teaspoon seasoned
pepper
1/2 teaspoon hickory
smoked salt
1 can mushroom soup*

Preheat the oven to 350 degrees.

In a skillet, brown the sausage. Drain off the excess fat. Add the pepper and salt.

In a saucepan, cook the rice according to package directions.

In a bowl, mix the soup, sausage, rice , celery and onion.

Pour the mixture into a casserole dish.

Bake for 30 minutes.

Per Serving (excluding unknown items): 2052 Calories; 192g Fat (84.9% calories from fat); 56g Protein; 20g Carbohydrate; 2g Dietary Fiber; 311mg Cholesterol; 3965mg Sodium. Exchanges: 1/2 Grain(Starch); 7 1/2 Lean Meat; 1 Vegetable; 33 1/2 Fat.