

Sour Cream Sausage Casserole

*Cookbook Committee
St Timothy's - Hale Schools - Raleigh, NC - 1976*

Servings: 6

*1 pound sausage
1/2 cup green pepper,
chopped
2 cups shell macaroni,
cooked
1 carton sour cream
1 can (16 ounce) tomatoes
dash chili powder*

Preheat the oven to 350 degrees.

In a heavy skillet, brown the sausage and pepper. Add the tomatoes, sour cream and chili powder.

Place the cooked macaroni in a bowl. Add the sausage mixture to the macaroni. Turn into a large casserole dish.

Bake for one hour or until all of the liquid is absorbed.

Per Serving (excluding unknown items): 405 Calories; 39g Fat (85.7% calories from fat); 10g Protein; 4g Carbohydrate; trace Dietary Fiber; 68mg Cholesterol; 527mg Sodium. Exchanges: 1 1/2 Lean Meat; 1/2 Vegetable; 0 Non-Fat Milk; 7 Fat.