

Fresh Peach Salsa

Agnes Gear

The Church of St. Michael and St. George - St. Louis, MO - 1985

Yield: 3 1/2 cups

*3 1/2 cups (2-1/2 pounds)
diced, peeled peaches
1/4 cup diced red onion
2 tablespoons fresh cilantro,
finely chopped
1 tablespoon jalapeno
pepper, seeded and minced
2 tablespoons rice vinegar
1 teaspoon lemon juice
1 clove garlic, minced*

In a bowl, combine all of the ingredients. Stir well.

Cover and Chill.

Serve with pork tenderloin. Serving size 1/4 cup.

Per Serving (excluding unknown items): 27 Calories; trace Fat (2.9% calories from fat); 1g Protein; 7g Carbohydrate; 1g Dietary Fiber; 0mg Cholesterol; 3mg Sodium. Exchanges: 1 Vegetable; 0 Fruit; 0 Fat; 0 Other Carbohydrates.