

## Sauces

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# Kimchi Salsa

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**1 1/2 cups tomatoes, diced**  
**3/4 cup kimchi, chopped**  
**1/3 cup fresh cilantro, chopped**  
**juice of one lemon**  
**salt (to taste)**

In a bowl, combine the tomatoes, kimchi, cilantro and lemon juice. Season with salt. Mix well.

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Per Serving (excluding unknown items): 58 Calories; 1g Fat (11.6% calories from fat); 2g Protein; 13g Carbohydrate; 3g Dietary Fiber; 0mg Cholesterol; 27mg Sodium. Exchanges: 2 1/2 Vegetable.